Good morning, Gateway! Today is Tuesday, January 4, 2022.

\_\_\_\_\_ Attention GIVE club, we will not have a meeting today, we will see you next week instead!

\_\_\_\_\_ Robotics Club will not meet today. The first meeting will be next Tuesday.

\_\_\_\_\_\_ Unfortunately, the library is closed for in-person visits this week due to classes in the library. Please make sure to return library books to the bins outside the door and holds may be placed online.

\_\_\_\_\_ The After-school Theater club will not be meeting today. See you next week in Mrs. Almquist's room, A-302.

Here is our daily American Heart Challenge message: Did you know that one JUUL pod contains as much nicotine as a pack of 20 regular cigarettes? No tobacco product – including cigarettes, ecigarettes, or vapes is safe. they are all linked to problems with attention, moods, learning and impulse control. They can damage your lungs and cardiovascular system. The only safe option is to stay away from all tobacco products.

\_\_\_\_\_ If you would like to try out for Girls Basketball or be on the Wrestling Team, turn in your physical and complete the required forms on RankOneSport now.

\_\_\_\_\_ This week's Spirit Friday is Rainbow/Pride Friday.

And remember, Gateway, to GUARD your character!